

Model Community Guidelines Nursing Home

1. Practice waste reduction, reuse and recycling:
 - Use reusable items vs. Disposable items (e.g. Ceramic mugs for staff)
 - Practice double-sided photocopying
 - Set up in-house recycling program (e.g. Office paper and corrugated cardboard)
 - Set up in house recycling program for metal cans (especially from food service area)
 - Purchase supplies in bulk where possible
 - Reuse scrap paper (e.g. Make into note pads)
 - Use cloth gowns instead of disposable gowns, or gowns with recycled content material
 - In food service areas, eliminate disposables and buy in bulk
 - Encourage staff and patients to reduce junk mailing by writing to Mail Preference Service, Direct Marketing Association, 11 West 42nd Street, New York, NY 10036
 - Eliminate use of Styrofoam products (e.g. Cups and packaging)
 - Recycle toner or cartridges for copy machine or printer
 - Minimize use and seek out alternatives to toxins (such as cleaners)
 - Reduce the use of aerosol cans (especially in cleansers)
2. Use products made from recycled content:
 - Purchase office paper and administrative products made with recycled content (e.g. Paper, letterhead, paper towels, tissue paper, note pads, business cards, credit card slips, etc.; indicate on letterhead, etc., “printed on recycled paper”)
 - Purchase and use at least two other items made with recycled content (e.g. Desk organizers, such as recycling bins, desk top trays, if applicable)
3. Promote waste reduction and recycling:
 - Provide container to capture redeemable beverage bottles/cans
 - Encourage employees to share magazines and newspaper subscriptions
 - Provide collection system for #2 HDPE plastic containers
 - Request that supplier/manufacturers use as much recycled content material in packaging as possible
 - Request supplier/manufacturers to provide system to take back non-recyclable packaging